

**Asexual people  
fucking or not as they  
please**

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In larp we might imagine being attracted to genders other than the ones we are usually attracted to, but often it's more difficult to imagine not feeling sexual attraction at all.

All asexual people are different, and hopefully we can explore that through exploring the question of fucking or not fucking.

This larp is about the complexities of being asexual, whether or not you want to fuck. It is also about consent and communication. It might be more fun to read than play, although who knows? I certainly don't want to get in the way of a good time.

First things first, this game represents a small part of the experience for some people on the ace spectrum. **It does not claim to be The Truth.** Some people on the ace spectrum won't relate to this at all.

We are exploring consent in game and we can only do that if we know how important consent is off game. So at any point you can leave - in fact it's encouraged. Sometimes fucking gets boring, and maybe an exciting new larp (or game of Scrabble) is starting. And if at any point you want to tell a co-player something then use the words off game and your request. You do not have to explain yourself.

You will need a level of comfort in talking about sex and boundaries. You won't need to discuss anything in explicit detail, but other participants might be doing so.

### You will need:

1 d6 or online dice roller (or maybe a few more if you don't want to wait for everyone to roll things and figure it out).

1 facilitator to help with character creation.

Up to 4 people can be in a scene at one time, but any number of people can observe before they play their scene, and people can play multiple scenes with the same and different characters.

This larp can be played in person or online. No physical contact is required.

### This is your character:

**Asexual Spectrum** - this is about the level of sexual attraction that someone will have to specific other individuals. Roll a d6.

1	Allosexual: you feel sexual attraction on an ongoing basis.
2	Demisexual: You need an emotional bond with someone before you feel sexual attraction to them.
3	Greysexual: You rarely experience sexual attraction: but you have at some points in the past.
4	Greysexual: You rarely experience sexual attraction, but have recently / are currently.
5 or 6	Asexual: The furthest end of the spectrum. You have never experienced sexual attraction, and only understand it through other people's descriptions. And sexual attraction is not such an easy thing to describe.

**Orientation:** If you rolled allosexual, feel free to choose a sexual orientation for your character (although play towards the possibility of attraction to your character's partner or at least one member of your group, unless you have a character who is interested in sex without sexual attraction). If your character is demi or greysexual then they may be aware of their sexual orientation, or they may not have felt sexual attraction enough times to be sure of it.

**Attitude to sex:** This table is about how you feel about engaging in sex. It applied to all characters. Allos can be repulsed by sex and a-spec people can love it.

1 or 2	Favorable: Sex is an enjoyable thing. Maybe it's validating. Maybe it's a source of emotional closeness. Maybe you want to feel good and love it when someone knows the right way to touch you. (This should not be confused with the political position of being sex positive)
3 or 4	Neutral: Sometimes playing Scrabble all evening is boring. Sometimes you like making your partner feel good. Sometimes you're just in the mood.
5 or 6	Repulsed: You are averse or disgusted at the idea of letting someone touch you sexually. Maybe you had sex in the past, but you are done, at least for now. (This should not be confused with the political position of being sex negative.)

**Libido:** The desire to experience sexual pleasure. Some characters may not desire to experience sexual pleasure via sex with another person, regardless of how high their libido is.

1 or 2	High: You have a high sex drive. Maybe you satisfy that with regular sex. Maybe you masturbate if you don't want sex. Maybe you are repulsed by sex, but have a kink that does it for you.
3 or 4	Medium: There is no better word than medium that I could come up with here. You have a sex drive which you satisfy in whichever way you prefer. Maybe your libido fluctuates, but you generally want sexual pleasure sometimes, but don't feel the need as often as someone with a higher libido.
5 or 6	Low: You rarely feel the urge for sex, although you might enjoy it when you have it.

**Everything else:**

Of course, your characters are full people with hopes and dreams. Answer these questions:

What's your name?

What's your gender?

How comfortable are you talking about sex?

How would you answer if someone asked what you're doing with your life?

What do you dislike and who do you complain to?

What do you think your role is in your most important friend group?

Does that role represent you? Who are you really?

Originally I was going to include aromanticism in a similar way to asexuality, but it got a bit complicated to do over 4 pages. However, it is important to know that sexual and romantic attraction are different. You can choose to roll again on the asexual spectrum and attitude to sex tables and this time treat it as romantic attraction, or you can choose a romantic orientation for your character. An asexual person can be alloromantic and be romantically attracted to any gender(s). An allosexual person can be aromantic and experience sexual but not romantic attraction.

## The larp

Each play group should take about fifteen minutes, but it may be longer if there are more than two participants.

You are taking a walk in a nearby wood with one to three other people. It's late, and there are stars in the sky. It's clear you are alone.

They are (roll for each person involved - but only one person should roll for each relationship i.e. they should all be mutual.) :

1	A friendly acquaintance
2	A close friend
3	A romantic (or queerplatonic) partner
4	Someone you've recently met
5	Someone you used to be close to
6	Someone you want to be close to

(If you would like a specific roleplay, such as new romantic partners discussing this for the first time, then feel free not to roll and just choose your relationships).

Sex is suggested. Maybe you've been flirting with each other. Maybe a joke was made. But then you stopped joking and the possibility was there.

So you are going to discuss it.

But before you do: Unless one of your relationships is a romantic partner or a close friend, you assume all other characters are allosexual. If you are close friends or partners then you can mutually decide what you know about each other's sexuality.

If your character is allosexual, then they probably think of themselves as the norm, and might not understand variations on that, particularly if they aren't close to the other character(s).

Otherwise - you're probably used to having your sexuality misunderstood. You might be used to people reacting badly or just not understanding. Your character may start off awkward and unsure.

**Important point 1:** This isn't a larp about people having sex because of individual or societal pressure. There are a variety of reasons why sex favorable or neutral people who aren't experiencing sexual attraction might want to have sex in this circumstance, including the novelty of having sex outdoors, or with more than one person at once. Those might also be reasons why they don't want sex. This is what we're exploring.

**Important point 2:** If you're not asexual then this larp is written for you. You might get it wrong. That's fine. The aim is to think about this. That's all.

These are the things your character should discuss (they don't have to discuss all of them, or in any specific order):

- How they feel romantically about the other character(s).
- Whether they want to have sex on this occasion.
- Whether they want to have sex ever.
- How they define sex.
- If there is any sexual activity they would want to experiment with. (This can include someone who is repulsed by sex, but wants to try making out, or who has a specific kink.)
- Their sexual and romantic orientations (think about what your character might want to reveal and what effort they're going to go to to make the other character(s) understand.
- Potentially, their feelings about their sexual orientation. What's difficult? What makes them happy?
- How will this impact your relationship going forward? Are you closer, for having had the conversation? Concerned because you need to rethink the relationship with a romantic partner who might never want sex? Allow this to be messy,

In a group it may be that some people are going to have sex and others aren't. If your character isn't interested, then give a short monologue about how you feel and then leave. If no-one is having sex, give a short monologue about how you feel and then leave. Please try to avoid making this a tragic situation. If your character

chooses not to have sex then they are honoring their needs and boundaries.

If you are having sex then you don't need to describe it (you can if you want, but go with what the participants are comfortable with), but each character should answer this question:

- 1) What did you enjoy? (This could be an aspect of the physical act, the novelty, the closeness, your partner's pleasure etc.)
- 2) What do you wish was different? (This could be something physical, or maybe an attitude. A lack of closeness. A partner you previously had regular sex with now hesitating before touching you because they know that you aren't sexually attracted to them.)

## Next

The group that just played should debrief with each other. This can be unstructured, but here are some questions you could answer: How do you feel?

In what ways are you different from your character?

Is there anything that stood out for you, positively or negatively, about the experience?

The next people can now play the scene, if there is more than one group present.

## Resources and glossary

### Glossary:

**Ace Spectrum (Asexual Spectrum):** A term that refers to the range of experiences related to asexuality, including graysexual and demisexual identities, among others.

**Allosexual:** A term for people who experience regular sexual attraction. This word is used as a contrast to those who are on the asexual spectrum.

**Aromantic (Aro):** A romantic orientation where a person experiences little to no romantic attraction to others. It is often mentioned alongside asexuality, though not all asexuals are aromantic.

**Asexual (Ace):** A sexual orientation where an individual experiences little to no sexual attraction to others. Asexuality exists on a spectrum, and people who identify as asexual may experience varying levels of sexual attraction or none at all.

**Compulsory Sexuality:** The societal expectation that everyone should desire and engage in sexual activity. This concept often leads to misunderstandings about asexuality and pressure on asexual individuals to conform to sexual norms.

**Demisexual:** A person who only experiences sexual attraction after forming a strong emotional or romantic bond with someone. They

sometimes (although not always) identify within the broader asexual spectrum.

**Graysexual (Gray-A):** A term for individuals who experience sexual attraction infrequently or only under specific circumstances. They fall between asexuality and allosexuality (experiencing regular sexual attraction).

**Queerplatonic Relationship (QPR):** A deep emotional bond between individuals that is more intense than typical friendships but not necessarily romantic or sexual. It is often common in the ace community.

**Romantic Attraction:** The desire to form a romantic relationship with someone, which can be distinct from sexual attraction. Asexual people may experience romantic attraction and form romantic relationships.

**Sexual Attraction:** The desire to engage in sexual activity with another person. Asexual individuals may not feel this form of attraction, though they may still form other types of relationships.

**Split Attraction Model (SAM):** A framework that distinguishes between different types of attraction, such as sexual and romantic attraction. For example, a person might be asexual (experiencing little to no sexual attraction) but still be romantically attracted to others.

## Online Resources

**Asexual Visibility and Education Network (AVEN):** AVEN is one of the largest and most comprehensive resources for asexuality. It provides educational content, personal stories, and a community forum for those identifying on the asexual spectrum and their allies.

**Stonewall:** Stonewall is a leading LGBTQ+ rights organization in the UK, and it provides resources on a wide variety of sexual orientations and identities, including asexuality. They offer educational materials, support, and advocacy to raise awareness of ace issues as part of broader LGBTQ+ inclusivity efforts.

**The Trevor Project:** While focused on crisis intervention for LGBTQ+ youth, The Trevor Project includes valuable educational resources on asexuality, offering support for ace youth navigating their identity.

**AUREA (Aromantic-spectrum Union for Recognition, Education, and Advocacy):** Though primarily focused on aromanticism, AUREA is a valuable resource for those exploring the intersection of aromanticism and asexuality. It provides educational content and advocacy for ace and aro identities.